



CHEFS UNDERSTAND QUALITY



Product:

BARRAMUNDI FILLET

INDIV. VACUUM PACKED, SKIN ON & BONELESS

AKA/ Species:

Asian Sea Bass / Lates calcarifer

Form:

Frozen, Skin On, Boneless & Well Trimmed

Origin:

Vietnam

Allergens:

Contains Fish

Ingredients:

Barramundi

Method of Capture:

Farm Raised

Flavor Graph:

Mild Medium Full Flavored

Texture Graph:

Delicate **Medium** Firm

Suggested Cooking Methods:

Baking Broiling Ceviche Flat Top Frying Grilling Papillote Sashimi Sautee Soups

Seasonality:

Jan Feb **Mar Apr May Jun Jul Aug Sep Oct Nov Dec**

Storage:

Keep Frozen at -18C or Colder

Shelf Life (frozen): 24 months

Thawing Instructions:

Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave fish soaking in water, it will affect the flavor and texture of the fish.

Thawed Storing Tips:

Keep Refrigerated, use within 24 hours for best results.

Pack:

Individually Vacuum Packed, 10lb Corrugated Case

Box Dimensions:

L 10" x W 20" H 3.55"

Ti x Hi: 9x16

FARMED IN HIGH SALINITY WATER, ON A SARDINE DIET FOR CLEAN NATURAL FLAVOR.

| NETUNO Item # | Fillet Size | Case Size | Avg. Units Per Case | Master GTIN | Master UPC |
|---------------|-------------|-----------|---------------------|----------------|--------------|
| 101922 | 4-6oz | 10lb | 32 | 10854812008528 | 854812008521 |
| 101923 | 6-8oz | 10lb | 23 | 10854812008658 | 854812008651 |
| 101924 | 8-10oz | 10lb | 18 | 10854812008665 | 854812008668 |
| 101925 | 10-12oz | 10lb | 14 | 10854812008672 | 854812008675 |



Packed in a HACCP certified and BRC approved plant.



Nutrition Facts

Serving size (113g)

Amount Per Serving
Calories

% Daily Value*

| | |
|------------------------------|------------|
| Total Fat 5g | 6% |
| Saturated Fat 1.3g | 7% |
| Trans Fat 0g | |
| Cholesterol 60mg | 20% |
| Sodium 45mg | 2% |
| Total Carbohydrate 0g | 0% |
| Dietary Fiber 0g | 0% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 22g | 44% |
| Vitamin D 10mcg | 50% |
| Calcium 13mg | 0% |
| Iron 0mg | 0% |
| Potassium 376mg | 8% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.