

Product:

INDIV. VACUUM PACKED, SKINLESS & BONELESS

AKA/ Species: Epinephelus spp Brand: **NETUNO**

Form: Frozen, Skinless, Boneless and Belly Trimmed Origin: India, Vietnam, Yemen, Madagascar & Indonesia

Allergens: Contains Fish Ingredients: Grouper

Method of Capture: Hook and Line, Wild Caught Mild Medium Full Flavored Flavor Graph: **Texture Graph:** Delicate Medium Firm

Suggested Cooking Methods: Baking Broiling Ceviche Flat Top Frying Grilling Sashimi Sautee

Seasonality: Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

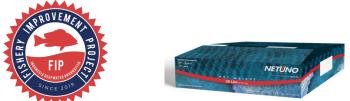
Storage: Keep Frozen at -18C or Colder Shelf Life (frozen): 24 months

Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed. DO NOT leave Thawing Instructions:

soaking in water, it will affect the flavor and texture of the fish.

Keep Refrigerated, use within 24 hours for best results. **Thawed Storing Tips:** Pack: Individually Vacuum Packed, 20lb Corrugated Case **Box Dimensions:** L 15.2" x W 20.7" x H 6.1" Ti x Hi: 9x5

NETUNO Item#	Fillet Size	Case Size	Avg. Units per Case	GTIN Number	UPC Number
100071	1-3lb	20lb	10	10856856006072	856856006075
100073	3-5lb	20lb	5	10856856006928	856856006921
101945	5-7lb	20lb	3	10850000077116	850000077119









Nutrition Fa	acts (113g)
Amount Per Serving Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 280mg	12%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0.18mg	0%
Potassium 329mg	8%
*The % Daily Value (DV) tells you how much serving of food contributes to a daily diet. 2,0 day is used for general nutrition advice.	



DNA TESTED

CUT YOUR OWN PORTIONS

AND SAVE!