



**Product:**

## SEAFOOD MIX

**INDIV. QUICK FROZEN, 24x1LB BAG**

- AKA:** Paella Mix, Seafood Medley  
**Form:** Frozen, Skinless, Boneless & Well Trimmed  
**Origin:** China  
**Allergens:** Contains Mollusk, Crustaceans & Shellfish  
**Ingredients:** 35% Squid Strips, 33% Octopus-Style Squid Tentacles, 25% Blanched Mussels, 7% Blanched Shrimp, 3% Octopus  
**Method of Capture:** Squid (Wild Caught) / Mussels & Shrimp (Farmed)  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** Baking Broiling **Ceviche** Flat Top **Frying** Grilling Sashimi **Sautee** **Soups**  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Quick Frozen, 24x1lb Bag, 24lb Corrugated Case  
**Dimensions:** **Box:** L 8.5" x W 10.25" x H 5.5" **Ti x Hi:** 8x7  
**Bag:** L 3.4" x W 7.75" x H 10.15"

NETUNO Item #	Size	Case Size	Master GTIN	Master UPC
102385	N/A	24lb	10856856006676	856856006679



## Nutrition Facts

4 servings per container	
<b>Serving size</b>	<b>(113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>70</b>
	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 13g	<b>26%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.08mg	6%
Potassium 141mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





**Product:**

## SEAFOOD MIX

**INDIV. QUICK FROZEN, 8x3LB BAG**

- AKA:** Paella Mix, Seafood Medley  
**Form:** Frozen, Skinless, Boneless & Well Trimmed  
**Origin:** China  
**Allergens:** Contains Mollusk, Crustaceans & Shellfish  
**Ingredients:** 35% Squid Strips, 33% Octopus-Style Squid Tentacles, 25% Blanched Mussels, 7% Blanched Shrimp, 3% Octopus  
**Method of Capture:** Squid (Wild Caught) / Mussels & Shrimp (Farmed)  
**Flavor Graph:** Mild **Medium** Full Flavored  
**Texture Graph:** Delicate **Medium** Firm  
**Suggested Cooking Methods:** Baking Broiling **Ceviche** Flat Top **Frying** Grilling Sashimi **Sautee** **Soups**  
**Seasonality:** **Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec**  
**Storage:** Keep Frozen at -18C or Colder **Shelf Life (frozen):** 24 months  
**Thawing Instructions:** Remove from bag and thaw under refrigeration for 4-6 hours or place under running water until thawed.  
**Thawed Storing Tips:** Keep Refrigerated, use within 24 hours for best results.  
**Pack:** Individually Quick Frozen, 8x3lb Bag, 24lb Corrugated Case  
**Dimensions:** **Box:** L 9" x W 12" x H 6.1" **Ti x Hi:** 8x8  
**Bag:** L 0.8" x W 10.25" x H 14.6"

NETUNO Item #	Size	Case Size	Master GTIN	Master UPC
102386	N/A	24lb	10857428006865	857428006868



## Nutrition Facts

4 servings per container	
<b>Serving size</b>	<b>(113g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>70</b>
	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 100mg	<b>33%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 13g	<b>26%</b>
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.08mg	6%
Potassium 141mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

